

How A Husband Should Love His Wife

Let's think of love not as a word but an action. Instead of saying "I love you." Show you wife that you love her. Be more loving! How can a man show his woman he loves her? By doing!

Forget about the box of chocolates and flowers. Any man can go buy these things. But any man cannot show love to his wife on a whim. The chocolates get eaten and make your wife fat and cranky; the flowers wither and die in three days. What about showing your love by doing things that you know your wife will enjoy?

When was the last time you wined and dined your wife? What about a mini-vacation? Are you the romantic type? If not find out how you can amaze your wife by being a romantic guy. What would that involve?

A woman likes a man who can cook. How about cooking her an intimate candlelit dinner for two? Don't know how to cook? Get a cookbook and do it anyway. Have some fun in the kitchen and enjoy yourself.

Don't forget, you wife likes to be touched and hugged without the pressure of sex looming in the near future. Sometimes the hugging and coddling is more important to her than the actual sex act. Not that she doesn't like to orgasm but that she wants to KNOW that you love her more than the sex act itself. Hug her and cuddle her and you'll most likely get what you want later.

The most important way to show your love is through your acceptance and validation. Are you the kind of guy that discounts his wife's choices, desires, and needs through invalidation? This kind of behavior will cause all kinds of trouble in the marriage. Let me tell you why.

By invalidating your wife in whatever manner, you have essentially rejected her. She will feel as if her opinions, decisions, and beliefs don't count and shouldn't be regarded with importance. She will hold this within her consciousness and it will come back to haunt you later on in the marriage. This won't be on purpose but mostly because you have hurt her. She loves you and when you invalidate her feelings, thoughts, actions, beliefs, views, and opinions, she gets hurt!

Let me tell you a big secret about woman, which also includes your wife. Your wife may ask you for your opinion on something because it is in her nature to get a second opinion but that does not necessarily mean that she will go with your opinion or your opposing viewpoint.

I'm not talking about the submission thing here either. What I'm talking about is just everyday thoughts and actions of your wife. If for some reason you really feel that it is best that you disagree with her thoughts and feelings, do so AFTER

you have said something positive about the way she thinks and feels. Be understanding! If you actually validate her she will see it your way on her own, even if she won't admit it.

Your wife may also like to vent her feelings more than you, not because she needs for you to find a solution so much as just being a sounding board. Give her validation in what she has to say, and then ask her if she is looking for an opinion and or solution first before giving her one. This doesn't make much sense to you, but to us women it makes a lot of sense.

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It is my firm belief that it is easier to make a man happy than for a man to make a woman happy. I believe this because men really don't ask for much. If they can camp out on the hard ground with the ants and other bugs how hard can they be to please? Yes, I know this sounds superficial but think about this for a moment. Have you noticed how much happier, and less stressed out your man is when he has his two most important needs met, sex and food?

It is also semi-true that the way to a man's heart is through his stomach. They love to eat and they love to eat good tasty meals. When their stomachs are full, and they have been taken care of physically, a man doesn't ask for much else.

Don't forget, the home is a man's castle. Knowing this, make every effort to keep his castle tidy and free of stressful situations that could upset his equilibrium. He has worked all day long and wants to come home to a loving and sweet wife, not a grouch and a TV dinner

Be appreciative of every little thing your man does around the house. Make your man feel like a man by being a woman. Give him a hug and a kiss where it counts, talk about your day together. Don't reject your husband sexually. Make him feel good about himself by telling him so. Respect him for who he is and what he does!

Basically, a woman needs validated and intimacy, and a man needs sex and good food. Find ways in which you can give of your self in the marriage by being more loving in these areas.

And men, after you have shown your wife how much you love her, then you can buy her the chocolates and flowers.